# glendowie news

Friday, 8th July 2016

### Ngā mihi nui

Kia ora tātou. Nau mai, haere mai ki te wiki o te reo Māori. Hello and welcome to Māori Language Week.

Te Wiki o Te Reo Māori (Māori Language Week) is an important occasion to celebrate one of our national languages; to celebrate languages in general; and celebrate being proud to be a Kiwi.



Our young people are global citizens. Digitally they connect to people and resources around the world. Many have lived overseas. Many will travel to attend university or to see the world after their tertiary studies.

I believe it is important to teach our young people how to succeed anywhere in the world, and at the same time to be proud of New Zealand - our Māori heritage, our environment, our multicultural diversity, our sport, and more. New Zealand is a great country to grow up and live in.

### Xiaoshi High School

It's perhaps appropriate that this week we host students from our sister school in Ningbo, China - Xiaoshi High School. On Wednesday we held a powhiri to welcome these students to Glendowie College.

They have attended classes at the college this week and are staying with families from our school for just under two weeks. Thank you to those who have provided these homestays.

### **New Deputy Principal**

We are pleased to announce that we have appointed a new Deputy Principal – Mr Roshyn Lyons Singh.

Mr Singh is currently the Head of Science at One Tree Hill College, and was Assistant Head of Science at Mount Albert Grammar School.

At both schools he has been an outstanding physics teacher, and has been instrumental in students at both schools excelling in NZ Scholarship physics.



We look forward to Mr Singh joining the college in week 5 of next term.

#### **Head Prefects' Breakfast**

On Tuesday this week we honoured the achievement of seven students who have excelled academically, in the arts and in sports. Well done to each of these students, and thank you to the Head Students for leading this breakfast. See below for more information about the students who attended and for a photo of the recipients.

### **Upcoming Events:**

### July

- 8 Term 2 Ends
- 25 **Term 3 Starts**
- Year 12 Drama Production 27 'Twelfth Night' (5.30pm) 'Macbeth' (7pm)
- 28 Year 12 Drama Production 'Macbeth' (5.30pm) 'Twelfth Night' (7pm)
- 29 Year 13 Drama Production 'Revenge of the Amazons' (5.30pm & 7.30pm)

### **August**

- 2 Gala Concert (7pm)
- 3 **Parent Interviews** (Selected students)
- 3 Year 11 Drama Production 'Dracula' (5.30pm & 7pm)
- Senior Performance Evening 4 (Years 12 & 13)
- Year 10 Drama Production 9, 11 'A Midsummer Night's Dream', 'Twelfth Night' (STO), 'Hamlet' (THM) (5.30pm & 7pm)
- 10 **NCEA Information Evening** 2017 Year 11 Students (*6pm*)
- 11 Parents' Association Meeting (7pm)
- 11 Half Year Art Exhibition
- 12 In-house NCEA Presentation for Year 10



#### Parents' Association - Mid Winter Hoedown

A very big thank you to our wonderful Parents' Association who organised this event, and to everyone who supported it by attending and bringing your friends along. There was great music, great food and lots of people dancing in amongst the hay bales.

As well as being lots of fun, this event raises important funds towards facilities for our students. Our current focus is on saving towards building new tennis/netball courts in front of the gym when the new Science block is built.

#### **Annual Plan Update**

For your information, below is a very brief update of our progress towards our annual goals for 2016.

#### 1. Junior Curriculum

Design a junior curriculum that challenges and motivates all year 9 and 10 students, and prepares them as confident, articulate learners with a strong global perspective.

Staff have visited a number of schools, including our three main contributing schools, to answer three main questions:

- What do we want our students to know and demonstrate by the end of year 10?
- How well do our current courses and teaching help students achieve this?
- What changes to we want to make to enhance the learning and achievement of our students?

Staff have especially enjoyed visiting Glendowie, Churchill Park and St Heliers to see the great work that teachers there are doing, and how we can build on this in our junior school.

#### 2. Pastoral Review

Identify and implement the best pastoral system that supports individual students to identify and achieve their academic, co-curricular and pastoral goals (needs).

These staff have also visited schools around Auckland and New Zealand to see what other schools are doing to best support students individually. They are looking at how we can make the best use of our houses and other pastoral structures such as Deans and form classes, to support students (and their parents) to identify and achieve their personal goals. This review is also considering how best to create opportunities for student leadership at the college, and support students to grow as leaders.

#### 3. Campus Vision

Finalise our campus vision and begin the design and construction of prioritised building projects.

Last year we completed the campus vision, and we are now working with the Ministry of Education to confirm a design for a new Science block which will also house a satellite unit (classroom) for students from Somerville Special School.

We have taken the time to visit schools around New Zealand and some in Australia to ensure that we get the best design to support our students' learning. Translating this into a design has taken longer than anticipated, however, after a meeting between the Ministry of Education, myself and Steve Collier (BOT Chairperson) we hope to progress this more quickly and effectively.

I hope that you and your family get a chance to relax over the school holidays.

R Dykes Principal



### **Drama Department Festival**

#### Year 12 Drama performing "Twelfth Night" and "Macbeth"

5.30pm and 7pm on Wednesday, 27<sup>th</sup> July and in reverse order Thursday, 28<sup>th</sup> July 2016

#### Year 13 Drama performing "Revenge of the Amazons"

5.30pm and 7.30pm on Friday, 29th July 2016

### Year 11 Drama performance of "Dracula"

5.30pm and 7pm on Wednesday, 3<sup>rd</sup> August 2016

(Note all these shows will cost \$5 and tickets will be presold unless not sold out as there are only 50 seats per show)

Year 10 Drama will be performing short versions of "A Midsummer Night's Dream" and "Twelfth Night" (STO) and "Hamlet" (THM)

5.30pm and 7pm Tuesday, 9<sup>th</sup> August and Thursday, 11<sup>th</sup> August 2016

(Tickets are \$2)

### **Powhiri for Xiaoshi High School Students**















A Powhiri was held in the Library on Wednesday, 6 July to welcome the visiting students from Xiaoshi High School, Ningbo City, China.

### Parents' Association - 'Mid Winter Hoedown'







A huge thank you to all the parents and friends who came and supported our Mid-Winter Hoedown Fundraising Dance on Saturday. We are pleased to announce that you have helped raise more than \$11,000 towards the planned all-weather, multi-sport courts!!

A great night was had by all with the phenomenal Jo Cotton and the Mermaids getting the whole hall up dancing once again. Julie Thompson's hall decorations were spectacular while Sean Beldon and Rina Rich completed the herculean task of threading and barbequing more than 500 beef and chicken skewers to feed the guests. The Hotshots Photo Booth proved extremely popular.

Thanks also to all those who helped out on the night too with set up and clean up, catering, bar service and front-of-house, we couldn't do it without you!

# FINALLY, THANK YOU TO OUR GENEROUS SPONSORS:

Barfoot & Thompson St Heliers

**SILVER** Eastmed Dental, Cruise Connections, Pak 'n Save Glen Innes, Direct Mail Solutions

**BRONZE** Hygiene House, Beverley Hills Skin & Body, Elstree Pharmacy, Jackie Jones Interior Design,

Physio Rehab, Vivid Hair, Professional Property Cleaning Services, Matrix Security,

Tetley Wheaton Automotive, Abernethy Electrics, NZ Fire Doors, AVPlus, Beldon Creative;

Cutshop; Ballentynes; Yoogo; NMC Stylemaker; La Fourchette

**DOOR PRIZES** Bay Pharmacy St Heliers, Morrison's Florists, Cigana Coffee, Fenchurch Liquor

Ms Nicole Parish, Chairperson, Glendowie College Parents' Association





### Head Prefects' Breakfast

On Tuesday, 5<sup>th</sup> July our Head Prefects and Deputy Head Prefects hosted a breakfast to acknowledge the following students' achievements:

- Samantha Hayward for excellence in the performing arts, Samantha won the Vocal Award at the 2015
  Solo Music Performance Evening and took the lead role of Mrs Johnstone in this year's musical production of 'Blood Brothers'
- Caitlin Brenton-Rule top rower in New Zealand with a gold medal at the MAADI Cup in the Girls Under 15 Double Sculls
- Sheena Pane a year 11 student who has shone in her work in Design and Visual Communication
- Jayden Fleming an outstanding BMX rider who is part of the New Zealand 'Pathway to Podium' programme
- Sophie Atkinson a highly talented runner, the year 11 student won silver as a member of the Junior Auckland Cross Country team at the inaugural running of the Regional Cross Country relays at the Secondary School Nationals in Rotorua
- **Jacob Smith** a year 13 student who competes in motor racing, Jacob was one of only eight racing drivers to be selected to compete in the 2016 New Zealand Elite Motorsport Academy at Otago University
- Sara Everitt top rower in New Zealand with a gold medal at the MAADI Cup in the Girls Under 15 Double Sculls

Guest speaker at the breakfast was Mr Simon Kent, Coaching and Development Advisor from AKTIVE (or Sport Auckland). Sport Auckland has been working with Glendowie College to develop the college's sports strategy. Simon also presented achievement certificates to each of the students.

Thank you to Mrs Henvest and the students from her Food Technology classes who provided breakfast for the award recipients and their parents after the formalities.



The Head Prefects' Breakfast is held to celebrate student achievement from all aspects of school life.

The students who received recognition on Tuesday, 5 July are pictured here with Mr Simon Kent (quest speaker).

They are (left to right): Sophie Atkinson, Caitlin Brenton-Rule, Samantha Hayward, Sheena Pane and Jayden Fleming. Absent are Jacob Smith and Sara Everitt who were unable to attend.



### iSport Foundation Student Leadership Day - 'Believe You Can'

On Wednesday 29<sup>th</sup> June, ten year 11/12 potential leaders and athletes were fortunate enough to attend the iSport Leadership Day run by the iSport Foundation and Aktive - Auckland Sport and Recreation at the Vodafone Events Centre, Manukau.

Along with many other talented secondary school students, we were invited to spend the day in an exclusive session where speakers including Dr Ralph Pim, Temepara Baily, John Walker, Jeremy Scott and Richie McCaw shared their wisdom on how they strive to success and what leadership means to them.

The speakers also shared their experiences from when they were our age and how they got through to the world stage just from guts, hard work and determination.

Each speaker had their own unique story about how they excelled in their sport, but the two common threads they shared was their leadership and that they did not start out being the best, in fact, Richie McCaw was benched during his rugby career in school.



Ten students who have shown sports leadership and performance participated in the iSport Foundation Student Leadership Day on Wednesday, 29<sup>th</sup> June 2016.

The five boys were *Henry Leabourn, Jordan Wilson, Allan McBride, Jackson Wiggans* and *Jayden Fleming (back row)*. The five girls were *Loia Tuafafo, Alexandra Iro, Mary-Rose Millett, Brooke Clark* and *Tyler Sullivan (front row)*.

A speaker that really stood out for us was Jeremy Scott, a round the world cyclist that was born with a hole in his heart. His main message that he tried to get across was to take everything step by step because no matter how small that step is you are closer to achieving your goal.

This really opened our eyes up to what we can achieve through passion and motivation. And most importantly what we can give back to our communities by being good leaders.

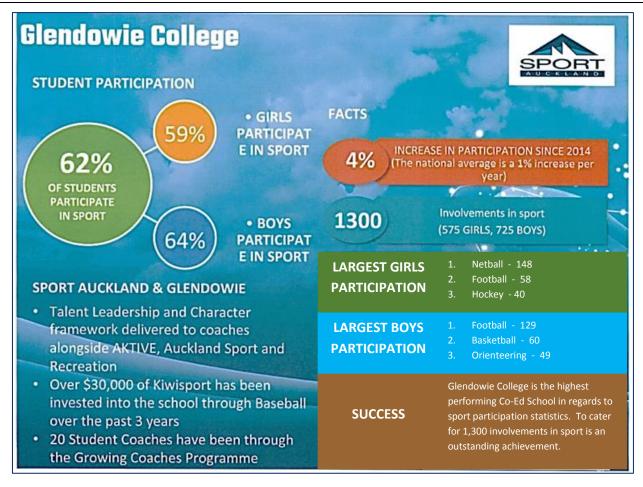
#### Mary-Rose Millett (12THM)







### **Success in Sport**



Statistics recently released by Sport Auckland show that Glendowie College is Auckland's highest performing Co-Ed School in regards to student participation.

Mr D James, Director of Sport

### **Xiaoshi High School Students**









This week we welcomed nineteen students from our sister school in China. They have participated in a range of activities including baking, poi making, weaving, badminton and table-tennis. Three of their students performed items in assembly namely a magical act, the Chinese flute and a contemporary dance. They wish to thank everyone who played a part in hosting them and welcoming them into our school.

Mrs B Rothbart, Social Sciences Faculty



### NZ Secondary Schools Tough Guy/Gal Challenge



On Thursday the 30th<sup>th</sup> of June the Year 12 Physical Education students competed in the Auckland series of the NZ Secondary Schools Tough Guy/Gal Challenge.

This extreme off road running event was held at the Woodhill Sands Event Centre. Students complete a 6km course interspersed with challenging obstacles, such as swamp crossings, water trails, barb wire obstacles, hill climbs and large volumes of very deep mud.

The Year 12 PE students prepared for this event by training both in and out of school over an 8 week period. Training for this event enables the students to apply training principles, training methods and sports psychology to training for a specific sports event.

Although there was a fair bit of nervousness on the bus trip to the event, all of the students worked hard to achieve the goals they had set themselves.

With just under 1,000 students competing in this event, Glendowie College Year 12 PE students did incredibly well with 6 students finishing in the Top 10, an outstanding achievement.

Exceptional performances were recorded by:

- Allan McBride who was 1st,
- Jayden Fleming who was 2<sup>nd</sup> and
- Marcus Scott who was 4th.

Mr D Storrie, Health & Physical Education Faculty Leader

### Other Top 20 Finishing Places:

### **Tough Guy**

Finn Davis - 7th

William Turner - 8th

Martin Ishigaki - 10<sup>th</sup>

Benjamin Paterson - 11th

Jonathan Rattray - 12th

Boston Azuma - 17th

Michael Donovan - 18th

#### **Tough Gal**

Alexandra Iro - 7th

Mary-Rose Millett - 12th

### **Tech Tips for Parents/Caregivers**

Online Security & Privacy Best Practices - We want our young people to be safe online but don't always know how to advise them. Here are some concrete tips you can give your kids about online privacy, security and common sense, with an emphasis on sharing real-life examples.

Ms V Mercer, ICT Manager



### **Lion Foundation Young Enterprise Scheme**

The Glendowie College Young Enterprise Group *'Live For'* (CEO *Shaun Motu-Muavae* and Sales & Marketing Director *Malcolm Willis*) participated in the Auckland Central Regional Finals on the 27<sup>th</sup> of June, 2016 at AUT Business School.

Unfortunately, their Financial Director *Christopher Rodrigues* was unable to join them. Nevertheless, it was an amazing experience for the two students. This was the first year when all 5 regions came together which made it even more exciting.

**'Live For'** pitched their business idea of creating an app called '*Drinking Buddy*' which they see as a possible solution to the alcohol abuse issue faced by many New Zealanders. They hope to get friends to take social responsibility for one another and ensure that they are drinking responsibly and getting home safely - keeping the roads safe.

Their idea generated a lot of interest and 'Live For' has created useful networks to proceed with this business idea. They are now in the process of holding meetings to start the development of the app and making connections to source the necessary funding for its development.

'Live For' would like to acknowledge the Lion Foundation Young Enterprise Scheme, Auckland Regional Co-ordinator, Hilary Robotham for her help and support with their business venture.



**'Live For'** (CEO **Shaun Motu-Muavae** and Sales & Marketing Director **Malcolm Willis**) at AUT Business School

We will keep you posted on the progress and achievements of '*Live For'* so watch this space for more on their progress next term.

Mrs P Harduar, Social Sciences Faculty

### 'Pink Ribbon Breakfast' Update and Thanks from 12SCF

On Wednesday, 2<sup>nd</sup> June the 'Pink Ribbon Breakfast' was held in the college hall for teachers, students and families of Glendowie College in order to raise funds for the Breast Cancer Foundation. The event was run and organised by the members of 12SCF and their form teacher Ms Scheffer.

Over 140 tickets were sold and several donations collected. Overall \$1,469.90 was raised.

The event was a huge success with hot breakfasts being enjoyed on a very cold morning by people of all ages involved with our school community.

A big thank you to all the staff who made the event possible, the Year 13 Service Prefects, other Year 13's who volunteered their help, Mr Spanring and the Stage Band – all of whom supported and helped ensure the event's success.

Thank you to The Mad Butcher (Glen Innes) and Pak 'n Save (Glen Innes) for sponsoring the event, providing food and donating a hamper.

Ms H Scheffer, Form 12SCF



### 'Rhapsody Rotorua'







'Rhapsody Rotorua' was held in Rotorua from Wednesday, 30th June to Friday, 1st July.

Last week, the Concert Band and Big Band travelled to Rotorua to attend the 'Rhapsody Rotorua' which involves three days and two evenings of music making. Both our groups gave a performance, adjudicated by Dr Roger Fox (Big Band) and Owen Clarke (ex-Conductor of the NZ Air Force and Navy Bands.)

Mariana Lote, Mai Furukawa, Zoe Braithwaite, Kent Toyoda, Katrina Dickins, Akari Ouchi, Aldric Khoo, Katie Glasgow-Palmer, Noritsugu Hashimoto, Emile Vreeburg, Gregory Hunter, Gemma Scott, and Cameron Kelso were selected for the Honours Big and Concert Bands, while the rest of the group joined the Festival Bands. All bands gave exciting performances at the final concert.

A wide range of clinics were offered students, giving our musicians a chance to try out something new, or improve their technique.

Many thanks to Ms Haggitt, Ms Williams and Mr Hunter who helped Mrs Myhre. Stepping into a world of music for three days, playing with both New Zealanders and Australians has been an amazing experience for everyone.

Mrs C Myhre, HOD Music

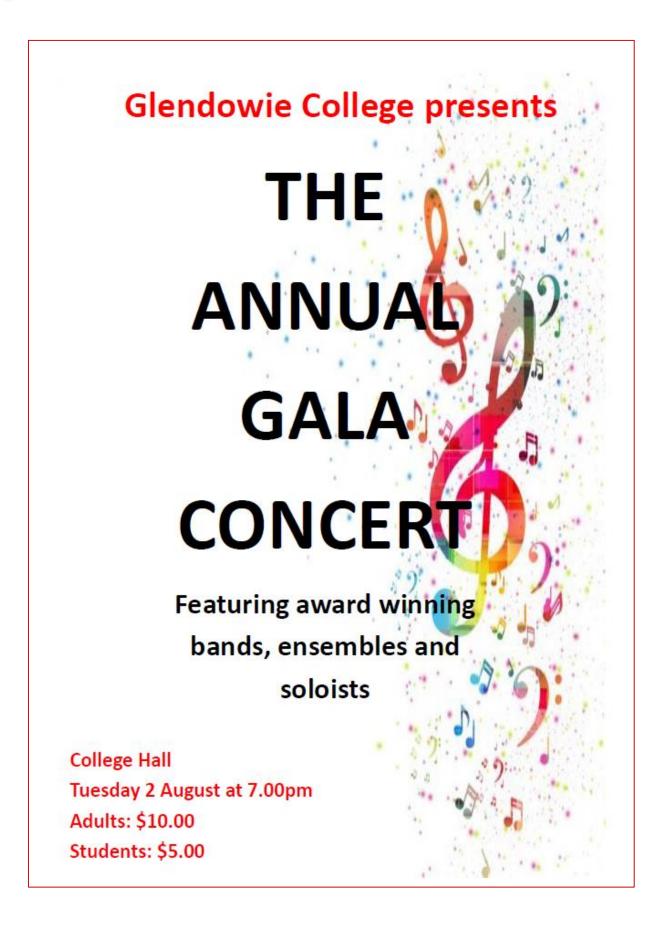
### **Donation of Sports Equipment by The Athlete's Foot**

Glendowie College is fortunate to belong to *The Athlete's Foot School Rewards Programme*. For every pair of school or sports shoes purchased by Glendowie College students the college has received \$15 of sports equipment donated by *The Athlete's Foot*. This year seventy three pairs of shoes have been purchased.

Glendowie College recommends *The Athlete's Foot* as its supplier of approved school shoes. It stocks the highly acclaimed Ascent brand, the internationally renowned Clarks brand plus a selection of other quality brands to meet student needs.

The college thanks *The Athlete's Foot* for its continued support and encourages parents and students to support the Sylvia Park store as the college benefits through the School Rewards programme.

Mr G Robertson, Deputy Principal





### **Paddington Reserve Tree Planting and Omaru River Monitoring**

One of the best ways to learn is through being unafraid to dirty and take some action, regardless of how small. This was proven on Wednesday, July 6<sup>th</sup> when five members of the School Environment Group along with Dr Nafissi attended a day of tree planting and river monitoring.

This was held at Paddington Reserve in Glen Innes, and was run by a fantastic team of leaders and volunteers from the organisation Mad Ave. The students helped study the presence of invertebrates in the awa to determine the levels of pollution, along with clarity and temperature tests. A total of 300 trees were planted alongside eager students of a local school. It was encouraging to see so many young people being actively engaged with protection of our waterways and education about pollution and waste reduction.









Thanks to all of the people involved in such an informative and enjoyable day.

Katie Glasgow-Palmer, Environment Group

#### Free Adolescent Dental Care

A major concern of dental practitioners is the number of students who do not continue with regular dental checkups once they finish primary school. As a result students are falling through the cracks and Dental Centres are not seeing them until there is a serious issue resulting in fillings or, on some occasions, root canal treatment.

We would like to stress that teenagers are eligible for an annual **FREE** dental exam until they turn 18. A limited number of dental practitioners offer this free service. In the Glendowie area we have been informed that it is offered by:

- EastMed Dental, 188 St Heliers Bay Rd
- Glendowie Dental Centre, 106 West Tamaki Rd
- Kohimarama Dental Centre, 303C Kepa Rd
- St Heliers Dental Centre, 413A Tamaki Drive

To our knowledge other dental practices in the area are not part of the Ministry of Health Dental Benefits Scheme so students attending would be charged for any dental treatment.

To enrol in the Ministry of Health Dental Scheme the following process must be undertaken. Parents need to contact a dental practice participating in the scheme, make a first appointment and enrol your child with that dental practice. Once enrolled the dental practitioner will see your child annually until they turn 18 and undertake any necessary dental work. Glendowie Dental Centre also provides orthodontic care but orthodontic treatment is not covered by the Ministry of Health Dental Benefits Scheme. It is also important that Year 13 students take advantage of their final free treatment before they turn 18 or leave school. The Dental Benefits Scheme does provide for one final extra check-up before the student turns 18.

If you require any further information please contact the relevant dental practice or look on their website.

Mr G Robertson, Deputy Principal



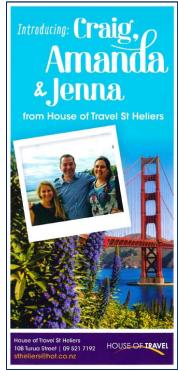
### **House of Travel St Heliers**

As a follow on from their Fun Run/Walk sponsorship in 2015, House of Travel St Heliers offered to donate to Glendowie College 1% of the gross value of any new bookings made (from new clients to their store) who mentioned that they were part of the Glendowie College community when booking.

So, for example, a \$5,000 Fiji package would mean a \$50 donation straight to the college.

Thank you to House of Travel St Heliers for their generous offer. We would like our parent community to consider taking advantage of this when booking their next getaway.

Mrs B Hyde, Fun Run/Walk Organiser (2015)









## Mindful parenting course

Parenting: it's a relationship but sometimes feels like a job. In this popular 6 session Mindful parenting course, Shirley Pastiroff (counsellor and mother of 5) teaches practical and effective Mindful parenting techniques that reduce parenting stress, improve relationships and create deep and lasting connections with your children.



MORNING COURSE STARTS: 5 August 2016 LOCATION: The Parenting Place, Greenlane DURATION: 6 Friday mornings 10 - 11.30am

COST: \$150

#### **EVENING COURSES START:**

**6 WEDNESDAYS -** Starts 3 August 2016, 7.30 - 9pm @ The Parenting Place, Greenlane **6 THURSDAYS -** Starts 4 August 2016, 7.30 - 9pm @ St Philip's, 92 St Heliers Bay Road **COST:** \$150

MORE INFO/SIGN UP: http://renewyourmind.co.nz/mindful-parenting/ Email: shirley@renewyourmind.co.nz Phone: 021 2059671



### **Upcoming Netball Fundraiser**

What: The return of the amazing Hypnotist show

starring Dave Upfold

When: Wednesday, 17 August from 7.30pm-9.30pm

Where: School Hall

In support of Glendowie College netball and the Premier netball

team

