



Friday, 28th September 2018

Kia ora tātou,

Fun Run

Thank you to our fantastic Parents' Association and many volunteers for the Fun Run on Sunday morning. Approximately 350-400 people registered to walk or run our local streets and raise funds for the college. It was especially great to see so many entries from our local contributing schools. The Run was supported by local businesses, including Barfoot and Thompson, New Balance, Uniform Group, Pak n'Save and Fenchurch Dairy. Thanks to these and other sponsors who supported this initiative.

Campus Vision

Thanks to the ongoing support of the Parents' Association and parents generally through the parents' donations, we have just signed off the next stages of our campus vision. Between now and the end of term 1 next year, we are progressing the following property projects:

1. Multi Turf Netball Courts

Next term TigerTurf will lay a new artificial turf on the old Netball courts behind the Moore Gym. With the help of Parents' Association funding, we have ordered the 'Evo Pro' product, which is better suited to hockey, as well as other sports such as netball etc. This will give our hockey programme their own space for training, rather than depending on other schools or travelling to Lloyd Elsmore in Pakuranga.



exterior view of proposed weights room

2. Weights Room

We are finalising the design of our new weights room, with construction hopefully starting over the summer break and into term 1 next year. This will create a new weights room on the north side of the Moore Gym. It will be used by our Health and PE classes, as well as our many other sports teams who will be able to train in it.



interior view of proposed weights room

Upcoming Events:

September

28 End of Term 3

October

15 Start of Term 4

18 Sports Awards
(7pm-10pm, Hall)

24 Board of Trustees Meeting
(6pm-9pm, Boardroom)

25 Service Awards Assembly
(9:35am-11:05am, Hall)

25 Taurere Whānau Meeting
(6:30pm-8:30pm, Staffroom)

25 Leavers' Concert
(7pm-10pm, Hall)

31 Senior Prizegiving
(7pm-10pm, Hall)

(For a full list of upcoming events, please see the calendar on the college website.)



3. New Tennis and Netball Courts

Over the summer holidays and early term 1 next year, we will construct new tennis and netball courts on the north side of the Moore Gym. These will replace the old tennis courts by Gate 3, which will eventually become car parking. Thanks again to the Parents' Association funding and parents' donations, we have also contracted TigerTurf to lay the Acrylic surface over the asphalt courts, similar to the surface used at Morrin Road netball courts. This will be applied after the courts are built in term 1 (weather dependent).



location of new tennis & netball courts (netball courts not shown)

4. New Garages

In term 1 next year, we will convert the old weights room into a new garage and secure storage compound, with trade access through Gate 1. We will then decommission and remove the old garages around Gate 3 and convert that area into a pedestrian courtyard after the new Science Block is built.

In addition, over the summer holidays, the Student Services building and two relocatables (prefabs) beside Gate 3 will be shifted to enable the construction of our new Science and Somerville block. Full funding for the block has been approved by the Ministry of Education's Investment Board, and we are now working on the 'developed' design, ahead of going to tender. We hope that construction will start halfway through next year.

Given the timespan these property projects take to get from vision to construction, we have already started to think of the next projects after the new Science Block. This will include renovating parts of Hammer Block after the Science faculty exit that space.

It is exciting to see our planned campus vision coming to fruition. Again, thank you to our generous community for your support in making this possible. In all of these projects, we have contributed significantly more than the Ministry funding, if not paid for them entirely out of locally raised funds. This reflects the value and commitment of our parents and community to our students' education.

Te Reo Māori

You may have seen me in the New Zealand Herald talking of the challenge of finding a Te Reo Māori teacher. Following that article and with the help of the Ministry of Education staff, we have now employed a Te Reo Māori teacher for 2019. It is a huge relief to resolve this and ensure the continuity of Te Reo Māori at Glendowie College.

We are still looking to fill a couple of teaching positions for 2019, but we are now assured of starting 2019 fully staffed.

2019 Year 9 Enrolments

Next year's year 9 cohort is looking to be our largest enrolment ever as in-zone enrolments continue to climb. We have taken some out-of-zone enrolments to balance the numbers and will endeavour to keep year 9 classes below 30. This means we will have nine year 9 classes in 2019.

Overall, our roll will be around 1,280 – our largest ever. This will put pressure on classroom space until the new Science block is completed. Thanks to our timetabling staff (Mr West and Mr Chand) who are working to make the most efficient use of our space.



Caretaker

After seven years' service, our Caretaker/Property Manager, Mike Spanring, has chosen to take a break from the job and its challenges of late night call-outs etc. I thank Mike for his contribution to the college over the last seven years. We are now looking for someone to cover Mike temporarily while we work through our long term plans for the roles of Caretaker and Property Manager.

We would love to hear from anyone who may be interested in temporarily covering this role. This role would be regular hours during the week, and would not involve out-of-hours work. Please contact Lisa Davis-Miller, Business Manager (dav@gdc.school.nz), if you or someone you know would be interested in this role.

Mental Health

I want to thank the many people who have supported the school and our students this term. This term got off to a tragic and difficult start with the death of Gabriel Steadman in year 12; the effects of this will continue to be felt for a long time. Our guidance staff, Senior Leadership Team, Deans and Assistant Deans, and many others have done an amazing job with supporting our student community through this ... as well as carrying on with the normal running of the college.

The area of mental health, and suicide, are very important topics that can be difficult to address with our children. A resource that may be of use is "Connecting through Korero: Talking about suicide with taiohi/young people" by the Mental Health Organisation. The resource is available at www.mentalhealth.org.nz/get-help/connecting-through-korero. As the resource suggests, you may find yourself in a car journey with your child(ren) and this can be an excellent opportunity to talk. This article provides some valuable tips about how to approach these conversations. Thanks to the parents who highlighted this to the school.

Haka Competition

Yesterday the students competed in the annual Haka Competition. This is a very special tradition at Glendowie College and a fantastic celebration of Tikanga Māori. Students in each house perform a waiata and haka to win house points. The standard of performance continues to improve and the judges were impressed by the creativity and improvement in performance, including pronunciation of Te Reo Māori by our students. Many thanks to the student leaders, Deans and Assistant Deans for organising this. Congratulations to Tāwhirimātea and Tangaroa who were joint winners this year.



End of Term and Holidays

I hope that you and your family get a chance to relax over the next two weeks. I encourage our senior students to find some time over the holidays to 'forget' about school and unwind. With the NCEA exams starting in week 5 of term 4, students will want to spend some of the holidays revising their subjects. I also hope that they make some time to be with friends, read, watch movies, play some sport, and other activities to relax before the final sprint to NCEA.

Richard Dykes
Principal



New Homestay Families required for Glendowie College International Students in 2019

Glendowie College has students coming from a diverse range of nationalities to study either long term or short term in 2019. We are looking for new homestay families, who are interested in hosting and looking after international students while they are studying at the college.

If you are interested, please contact Mrs Barbara Takase of Hippo Homestay for further information regarding requirements and remuneration. Contact email: info@minnoweducation.com

Leavers' Concert – Thursday, 25 October 2018



Senior Prizegiving – Wednesday, 31 October 2018

This is the academic highlight of the year when we honour our students' academic achievement. It is also the last opportunity for school leavers to celebrate the achievement of their peers.

All year 13 students are expected to attend, whether or not they will be receiving a prize at the ceremony.

Details for the evening are:

- Venue:** Glendowie College Hall
Date: Wednesday, 31 October 2018, 7:00pm – 9:00pm
Start: Please be seated in the Hall by 6:50pm
Cost: Entry is free
Parking: Please park outside school grounds, as the school car park will be full



Graduation (Leavers') Dinner – Wednesday, 5 December 2018

This evening celebrates all year 13 students and what they have achieved in their time at Glendowie College. It is our last formal farewell.

Details for the evening are:

Venue: 'The Tasman Room' at Alexandra Park Racecourse, Greenlane
Date: Wednesday, 5 December 2018, 7:30pm – 11:00pm
Start: Doors open at 7:00pm ready to serve dinner at 7:30pm
Cost: \$68 per person

Please note that as a school function, this event is alcohol-free. Same as the College Ball, it is expected that attendees do not drink alcohol before coming to the event. We appreciate your support of this school policy.

Tickets for this evening must be purchased and paid for by Monday, 29 October 2018. As ticket numbers are limited, please purchase your tickets early to avoid disappointment.

If you wish to pay by internet banking, the details are:

ASB Account: 12-3027-0364377-00

Reference: Graduation – "student name"

Credit Balances – Parent and Student Portal

You can access the [Portal](#) for school information and payments.

Full instructions are available [here](#).

If the Portal shows a credit balance, please contact Mrs Bernadette Hyde on hyd@gdc.school.nz to use this up.

Ms Lisa Davis-Miller, Business Manager

Helping Your Child to Manage their Phone

The New Zealand Herald recently published a useful article called "How to ease off 'zombie checking' your phone when boredom rises". It provides some good advice on managing phone use, especially by young adults.

The article can be found at www.nzherald.co.nz/technology/news/article.cfm?c_id=5&objectid=12129563

Poetry New Zealand Yearbook Student Poetry Competition

Congratulations to Sophie Newton (Year 11) who came 4th in the 'Poetry New Zealand Yearbook Student Poetry Competition' which was held in August 2018. Well done Sophie!

For more details, please visit this link: [2018 poetry-new-zealand-yearbook-student-poetry-competition/](http://2018-poetry-new-zealand-yearbook-student-poetry-competition/)



London International Youth Science Forum (LIYSF)

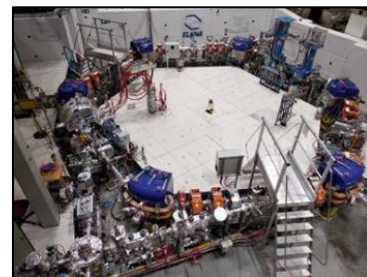


I have recently returned from attending the 60th London International Youth Science Forum (LIYSF), along with over five hundred other students from around the world. The forum was based at the Imperial College in South Kensington, London, with participants staying in the halls of residence at the college.

It was a life-changing three weeks, which opened my eyes to the world around me. I have gained invaluable insight into the future of science. In

January, I attended the NZ Rotary National Youth Science Forum where I was selected with another student to attend the LIYSF this July. The theme for LIYSF was 'Science for the Future' and we had many lectures on topics such as the future of space exploration, artificial intelligence to gene editing and DNA research. Apart from lectures, we also visited many scientific institutions, universities and enterprises in England, such as Oxford and Cambridge Universities, The Culham Centre for Fusion Energy, Airbus and Rolls Royce.

I also attended the European Organization for Nuclear Research (CERN) extension programme, in which a group of us travelled to Geneva, and stayed in Paris for a few nights to visit the prestigious Cite des Sciences et de l'Industrie Museum. The highlight of the trip was a visit to CERN where the Large Hadron Collider is situated. It is the largest and most powerful particle accelerator ever built across the French and Swiss border. It was such an amazing experience to visit these institutions, which are at the frontier of science and to be able to see what the future might hold.



I would like to thank Rotary St Johns, and everyone involved in the Rotary National Youth Science forum for providing me with this special opportunity to meet the future scientists of the world.

Alvaro Nola Dodd, Year 13 Student

Artweek Auckland 2018

Artweek Auckland is an annual, week-long festival celebrating the visual arts of Auckland. Locally, we are part of this via the Bradley Lane Project, a 3-day street art celebration held in Glen Innes, Auckland. Established artists will be painting 5 new outdoor murals live from Friday 12 October to Sunday 14 October 2018 to add to the 19 murals currently on display. A few Glendowie College students have been attending 'Here Spray Art' sessions with local artist, Gary Silpa, at Te Oro Music and Arts Centre in Glen Innes this term.

Zakk Haddon (Year 9) has been asked to paint a stand alone large outdoor mural to showcase what he has been learning as part of this celebration. He will be painting his mural outside the Library/Te Oro on Saturday, 13 October 2018. Please come along and support him, grab a map and take a self-guided tour around the Glen Innes Town Centre to check them all out!



The photos show the mural which Zakk, as a Young Artist Volunteer, helped talented artist, Erin Forsyth, paint and bring to life last year.

For more information about Artweek, please visit this link: <http://artweekauckland.co.nz/events/east/>



Rescue Run



On Saturday, 8 September 2018, Po-Chen Liu, Sophie Mansell, Ciara Walshe, Ashley Khoo, Joshua Taylor and myself (all year 13 students) tackled a 15km obstacle course in the Youth Division of the 'Rescue Run'. The Run is a rescue simulation course, which places you in some of the situations that emergency services face every day. The team did really well, finishing in just over 5 hours after going through an earthquake disaster zone, mudslides, flood zones, and a car crash area running with a stretcher. Special mention to James Hunt, one of the many volunteers on the course, who helped support our team to the end.



The Run was held to raise money for six life-saving emergency services – St Johns, Coastguard, The Fire Brigade, Land SAR, Surf Lifesaving as well as the Secondary School Division supporting Youthline. The team has been raising

money and awareness for Youthline's vital Helpline Services. It costs approximately \$800,000 a year to run the Helpline Services. Last year, Youthline had over 300,000 contacts to their nationwide hubs via phone calls, text messages and emails, 1 in 7 of which are suicide related.

The team is committed to raising \$5,000 for Youthline. This amount would keep the Helpline Services running for 55 hours and help support 166 young people. We have managed to raise \$3,085 so far, which is a huge achievement. Thank you to all those who have already shown your support, and to anyone who would like to help us make it to \$5,000, please follow this link to make your donation:

<https://rescuerun18-youthline.everydayhero.com/nz/glendowie-college>

The page is open until 31 October 2018 to reach the \$5,000 target. Thank you again for your support.

Gemma Scott, Year 13 Student

Chinese Language Week



Ni hao! 你好!

In celebration of Chinese Language Week, students have been playing various activities in class and during lunch time. There were 'Kahoots' where students have to guess the sounds of animals in Chinese.

We also played an online game where students had to co-operate and cook delicious food together after requesting their ingredients in Chinese. We ended the week with a big shared lunch with different types of Chinese food, such as fried rice and Coca Cola chicken wings!

Ms Vivienne Tubbs, Language Department





Duke of Edinburgh Gold Practice Tramp



Last Sunday morning, fourteen students and two teachers arrived at school loaded with backpacks and gear. We were all ready for a 3-day Gold Duke of Edinburgh trip at the Mahurangi Regional Park, where we would be kayaking and walking around the islands and the peninsula. After arriving at the park, we met our kayaking instructors – Nick, Mo and Steve, who were all very friendly and helpful, and made kayaking less stressful for the group. Once we confirmed our route, we started to pack the kayaks. Packing proved to be a lot harder than we thought! Although we were assured that everything would fit in, we struggled to close the kayak hatch with only half a pack inside. With two packs to fit in each kayak, this took us a while, but we finally managed to do this with our instructors and each other's help.

The first stretch of kayaking was a breeze, going to the 'Witches Hat', a rock named after its shape, and then coasting over to Saddle Island, where we had lunch. From there, the wind was in our favour pushing us towards our final destination for the night – Motuora Island. As we were having such a good time, we decided to kayak around the island and explore. We had lots of fun, but it was a bit more work with the wind pushing against us on the way up. After a quick exploration walk and setting up tents, we had our dinner and talked until falling asleep.

The second day was harder than the first as we were kayaking for longer, and into the wind. However, it was more enjoyable as we were out on the water for the whole day to explore oyster farms and different bays along an inlet, which gave Mo and Steve the opportunity to teach us some valuable paddle skills and for us to play around in our kayaks. Despite the rain and wind, we arrived back at the original beach which we had left on Sunday, where we did capsizing and rescuing drills. Getting in the freezing water was a little daunting, but it was good to know how to get back into our kayak if we capsized. After a short hike over to our campsite at Mita Bay, we set up for the night and everyone was asleep by 8:30pm.



Our third and final day was only a short 4-hour walk around the top of the park through farmlands and over the hills. We prepared for our short river crossing, and we had plenty of time to get home. Overall, it was a super fun trip and our teachers, Ms Barrack and Miss Smith made the journey very enjoyable. Our group worked together really well to complete all the activities, and we all now know how to prepare ourselves for the final tramp at the end of the year to Abel Tasman.

Zoe Neville-White, Year 12 Gold Duke of Edinburgh participant



Year 13PHE Aquathon

The Year 13PHE students recently competed in the Annual Year 13PHE Aquathon Assessment at the YMCA Lagoon Pool and Leisure Centre. The Year 13PHE class have been training for the 400m swim and 5km run for the past 10 weeks at Sacred Heart Pool and the YMCA Lagoon Pool.

The finishing times were impressive this year with Sophie Atkinson (13CHS) setting a record for the fastest female with a time of 30:26 and Alexander Duff (13TOM) coming first with the men's fastest time of 29:50. Well done to both and to those who participated, and a big thank you to YMCA Lagoon Pool and Leisure Centre for hosting the event.

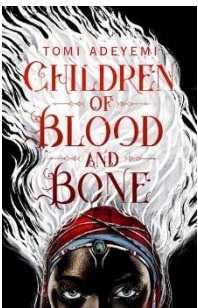
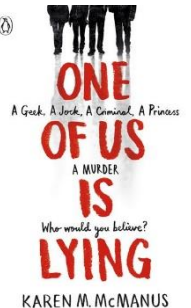
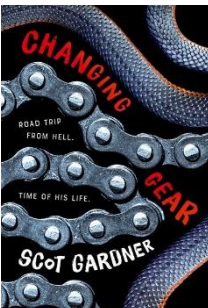
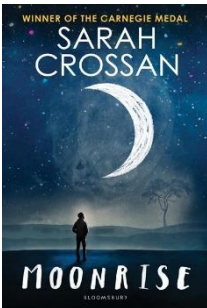


Miss Fiona Smith, Health and Physical Education Faculty

The Library that Never Sleeps

If you, or your child(ren), would like to have something to read over the holidays, please remember our eBook library is always available: <https://glendowie.wheelers.co/> All students should be registered to access it and parents are welcome to use this too, simply email me on gyn@gdc.school.nz to get started. We are also currently trialling [audiobooks](#) via the eBook library, these are great for holiday car rides.

The following titles are highly recommended and are available from our eBook collection. Simply click on the images below for more information about the books.

 <p>The fantasy genre moves to West Africa. A highly entertaining story packed with adventure and history.</p>	 <p>Five students go into detention, only four come out alive.</p>	 <p>A road trip on a postie bike featuring roadkill, stolen oranges and unexpected romance.</p>	 <p>A stunningly poignant story between two brothers, one of death row, written in verse. A powerful, short read.</p>
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Ms Jody Gayton, Library Manager

phone: +64 9 575 9128

email: info@gdc.school.nz

website: www.gdc.school.nz



Parents' Association Update

The Glendowie Parents' Association Fundraising team have been rather busy.
Let's check in to see what they have been up to.



College Fun Run / Walk 2018



Numbers:

- 375 runners and walkers.
- The largest school group was St Heliers Primary with 40 entrants.
- 127 hand-made crepes sold.
- The first 10k runner home was Elijah, a 12 year old student from Glendowie Primary.
- The house with the most entrants was Tāne Mahuta.
- There were 34 Marshalls including tail end charlies!!
- 1 dog crossed the finish line.
- 258 people pre-registered via Trybooking.co.nz
- 29 bakers provided yummy food.



Just a few thank you's:

- Jenny from New Balance – the amazing prizes
- David James – incredible delegation skills
- Natalie and Debbie in the admin. office – endless pc requests
- Kim, Emanuela, Lianne, Megan, Jay – Parents' Association members who went above and beyond
- Jenny – incredible task of organizing the marshalls
- All the helpers – parents, students and community members
- Band for keeping us entertained
- Prefects – raffle sales in St Heliers



Huge thanks to our main sponsors:

New Balance, Barfoot and Thompson St Heliers, The Uniform Group, Pak n'Save Glen Innes and Fenchurch Dairy.

Raffle & Spot Prize sponsors:

Elstree Pharmacy, Bakers Delight, Ellex Hair Salon, Physio Rehab Group, Moretons, The Entertainment Book, Crisphome, Movenpick, Bald Eagle, Freshdirect, Coffee Club, Burgerfuel, Starbucks, The Bag Lab, Beverly Hills Skin & Beauty, Timeless Images, The Mad Butcher, Hoyts Mission Bay, Gravity, Vivo Hair Salon, Bare, Ben & Jerry's, Sal's Pizza, Dos Amigos and Indevin Group.





More photos are available on the College's flickr page: [gdc fun run 2018](https://www.flickr.com/photos/gdcfunrun/)

phone: +64 9 575 9128

email: info@gdc.school.nz

website: www.gdc.school.nz



Are you looking for a way to give a little back? By giving a few hours each term, you can be a PA star!

It's easy – a couple of meetings each term, help out at a few events, eat cakes and chit chat with Senior Staff and BOT members about life at Glendowie College. Many hands make light work!

No applications required, simply email: gdcparents@gmail.com. First meeting in February 2019.




Sara Haddon, Chairperson of Parents' Association

<https://www.facebook.com/GlendowieCollegeParentsAssociation/> or Gdcparents@gmail.com



Mindful Parenting Course

Mindful Parenting Registrations are open!
starting 24th and 25th October 2018
7:30pm – 9:00pm

 Renew Your Mind

MINDFUL PARENTING COURSE

With Counsellor Shirley Pastiroff



In this six-week course, you will learn how to reduce your stress, how to stay calm in the middle of the chaos, how to create deep connections with your children and how to have more fun.

All based around the most contemporary brain science we have, come along and find out what it is all about.

"Fabulous. Informative. Empowering." (Mum of 3: ages 16, 13, 10)

"All parents should be put on this course." (Dad of 3: ages 10, 7, 4)

"Life-changing. I have recommended it to everyone who will listen." (Mum of 2: ages 5, 2)

Two venues to choose from:

The Parenting Place, Greenlane - starts Wednesday, 24 October 2018

St Philips Church, St Heliers - starts Thursday, 25 October 2018

To Register and for more information: <http://renewyourmind.co.nz/mindful-parenting/>